



GETTING THE MOST OUT OF SUPERVISION

- Make sure you have a set time for your weekly meetings – this allows you to build a relationship with your supervisor and ensures you have a time scheduled into your calendar!
- Come prepared! Throughout your week track down topics, issues, situations, questions etc. and bring them to supervision
- Have an agenda
- Allow yourself to be vulnerable – talk about your struggles and challenges within practicum and what comes up for you
- Ask for feedback
- Ask for support
- Integrate your learning agreement into supervision meetings on a regular basis

SUGGESTED TOPICS FOR SUPERVISION (Administrative, Educational, Supportive)

- Thorough orientation to the agency, employees, standard operations & policies, dress code, etc.
- Professional boundaries with co-workers and clients
- Safety at practicum
- Communication, styles of communication, active listening
- Learning styles
- Developing confidence and competence
- Discussion of current or past courses taken and how they might connect to practicum tasks and experiences
- Social work theories, approach or models and their translation into the “real world social work practice”
- Emotional needs and support, e.g. feeling overwhelmed taking in an abundance of new information, facing social justice issues firsthand
- Stage of Change discussion (Engagement, Assessment, Planning, Intervention, Evaluation, Termination)
- The NASW Code of Ethics, broken down in sections and applied to current practicum situations, hypothetical situations, or past client/agency situations
- Confidentiality issues, HIPPA
- Use of technology at practicum
- Journal articles or readings that relate to the practicum placement or populations served at the practicum agency
- Use of journaling to process feelings in practicum



- Transference and Counter-Transference issues that may develop when working with clients
- Self-Disclosure with clients (when to and when not to)
- Current events, federal or state level policies and legislation effecting clients/ agency/ service delivery
- Diversity, equity, and inclusion and anti-racist principles within the agency and when working with clients
- Burnout and compassion fatigue/ secondary trauma (signs and symptoms, ways to mitigate and respond)
- Self-care
- Colleague relationships in the practicum setting
- Resources and referrals
- Effects of bureaucracy on service delivery and clients
- Positive feedback, constructive criticism and clear expectations
- Dealing with conflict
- Reviewing the learning agreement and ensuring competencies are met

SAMPLE SUPERVISION AGENDA

Supervision Agenda (Date):

Questions I Have (Supportive; Educational; Administrative):

Resources I May Need (Supportive; Educational; Administrative):

Particular Cases or Projects (Consider bringing relevant materials):

Integration of Course Materials:

Review Learning Agreement/ Social Work Competencies:

Goals and Objectives for next week:

Decisions and Plans Made: